

community lunch
on
capitol hill

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Donate Online!
www.communitylunch.org

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MORE WAYS TO HELP COMMUNITY LUNCH

In addition to your financial support, there are many ways to help Community Lunch on Capitol Hill:

1. **Volunteer!** In addition to volunteers at each lunch, we need drivers willing to pick up in-kind donations from area stores once a week and bring them to Central Lutheran.
2. **Organize!** Create a group of volunteers to prepare and serve lunch every few months.



St. Francis students at the drink table.

3. **Collect!** Going on a trip? Save the hotel toiletries and bring them to the lunch. They are the perfect size for our guests.
4. **Donate!** We always need socks, pet food, and paperback books to distribute.
5. **Invite us to Speak!** We'd like to come speak to your organization about the Community Lunch and homeless and poverty issues.

We serve a hot, wholesome meal every Tuesday and Friday from
noon to 1:00 at:

Central Lutheran Church, Parish Hall
1710 11th Ave, Seattle, WA 98122

Fall 2007

community lunch
on
capitol hill

the lunchbox

feeding the community - serving the community - creating community

FROM THE DIRECTOR'S DESK . . .

It seems hard to believe, but I have now been Director of the Community Lunch for more than a year and a half. It has been a wonderful experience for me, especially meeting and learning from so many dedicated volunteers. As I begin the next year and a half I thank you in advance for your help as we provide great meals to so many in such need.

The renovated kitchen and dining room have been very well received, especially among dishwashers who no longer have to lift clean plates up from the floor level! The whole area is brighter with lots of natural light. Thanks to Central Lutheran for all their hard work and thoughtfulness during the renovation.

Two challenges lie ahead. (1) finding new groups of volunteers willing to work for 4 hours on a Tuesday or Friday—how frequently is up to each group. 12-16 people is a perfect number, but if you have fewer we can still accommodate. And (2) finding the funds necessary to operate. Most of our funding comes from individuals, so please consider a donation to Community Lunch on Capitol Hill today. It is much appreciated.

Sincerely,

Don Jensen
Director@CommunityLunch.org



Making salad in the kitchen.

VISIT OUR WEBSITE!

www.CommunityLunch.org

Now you can donate
online, as well as see
what we're up to.



STORIES OF SUCCESS

At the Community Lunch we love success stories, and we have several to share with you:

Bruce R. has just been accepted to the Metro Transit bus driver training program. He's been eating with us for a number of years, and now after lunch he heads over to the park to study the manuals he needs for his new job. He says "being friendly" is what got him the job.

tence, her monthly benefits check is 6-times bigger. It is still not a lot, growing from



Montana and friends.

Christina H. is in subsidized housing with utilities paid, but until now she has received very little money each month for food; the Community Lunch has been essential to her survival. Now, thanks to her persis-

\$10 each month to \$64 each month. But the extra money means that she can buy food to eat between lunches with us at Central Lutheran.

Long-time Lunch guest **Montana** had been living outside for the past eight years, until his efforts to get a Section 8 apartment paid off. He now is indoors, but he admits the transition has been difficult. "When I first got the apartment I slept outside on the balcony," the former Navy Seal says. "After a month, I was able to move inside by the sliding door, and after another month I became comfortable sleeping in the bedroom." He still comes to the lunch, but now as a volunteer!

CITY OF SEATTLE SAYS "YES" TO THE COMMUNITY LUNCH

For the first time Community Lunch on Capitol Hill will receive funding from the City of Seattle Human Services Department. The \$15,000 award will be essential

as we expand our services to guests. We are hoping to have an information and referral specialist on site at each meal so people can ask questions

about what resources are available. We look forward to continuing this partnership with the city.

THANKS TO OUR PARTNERS! WE HAVE SO MANY BUSINESSES, SCHOOLS AND GROUPS TO THANK FOR THEIR ONGOING SUPPORT...LET'S HOPE WE DIDN'T MISS ANYONE!

- Bethesda Lutheran Church, Bellevue
- Bill & Melinda Gates Foundation, Seattle
- Thrivent Financial, Central King County Chapter
- Central Lutheran Church, Seattle
- Central Seattle Chapter of Thrivent Financial, Seattle
- Christ the King Lutheran Church, Bellevue
- East King County Chapter of Thrivent Financial, Bellevue
- Edmonds Lutheran Church, Edmonds
- Edmonds Unitarian Universalist Church, Edmonds
- ELCA Regional Office, Seattle
- Fales Foundation, Seattle
- First Lutheran Church of Richmond Beach, Shoreline
- Food Lifeline, Seattle
- Gai's Bakery, Seattle
- Laurel Heights Community Center, Seattle
- Magnolia Lutheran Church, Seattle
- Mercer Island Youth and Family Services, Mercer Is.
- Microsoft, Redmond
- Newman United Methodist Church, Grants Pass, OR
- Northwest Harvest, Seattle
- NW Seattle Chapter of Thrivent Financial, Seattle
- Oh Chocolate, Madison Valley
- Peace Lutheran Church, Billings, MT
- Phinney Ridge Lutheran Church, Seattle
- Port Authority of Seattle, Seattle
- Prince of Peace Lutheran Church, Covington
- Prince of Peace Lutheran Church, Seatac
- Queen Anne Lutheran Church, Seattle
- Safeway, Capitol Hill
- Saint Francis of Assisi School, Burien
- Saint Joseph School, Seattle

- Saint Mathew's Lutheran Church, Renton
- Saint Stephen's Lutheran Church, Shoreline
- Seattle Foundation, Seattle
- Seattle University, Seattle
- Shepherd of the Valley Lutheran Church, Maple Valley
- The Compass Center, Seattle
- The Millionaires Club, Seattle
- Trinity Lutheran Church, Great Falls, MT



Microsoft Employees making biscuits for Day of Caring.

- Trinity Lutheran Church, Seattle
- University Fitness, Seattle
- University Lutheran Church, Seattle
- Union Gospel Mission, Seattle
- Volunteer Match, Internet contacts
- West Seattle Family YMCA, Seattle
- Wooden Cross Lutheran Church, Woodinville



HATS OFF TO . . .

Lois Faucher, a retired school teacher who lives on Whidbey Island, for knitting hats for guests of the Community Lunch. And she can really knit! In 2006 she knit

over 250 hats, and she is well on her way to matching that number this year. Her sister writes that she loves the challenge of mixing and matching colors, textures and

weights of yarn, much of which is donated to her by St. Matthew's Lutheran Church in Renton.