

Save the Date!! Volunteer Recognition Dinner - Sunday, November 7th

Our second annual Volunteer Recognition Dinner will be Sunday, November 7th at 5:00 P.M. at Central Lutheran Church. We wish to recognize everyone who makes the Community Lunch possible.

Please join us! We promise great appetizers and a meal cooked in the spirit of the Community Lunch, as well as excellent jazz by longtime Seattle pianist Nick Allison.

Last year we honored Jon and Juni Nelson for their many years of service and support. This year we will be honoring four volunteers for their incredible dedication, as well as recognizing everyone who has spent so much time making the Lunch possible. Everyone is welcome.



Board President David Copley with Jon and Juni Nelson at the 2009 Volunteer Dinner

Please RSVP to volunteer@communitylunch.org or visit our web site at www.CommunityLunch.org and click on the link. We promise a great evening, and it's free!

THE LUNCHBOX

Community Lunch on Capitol Hill

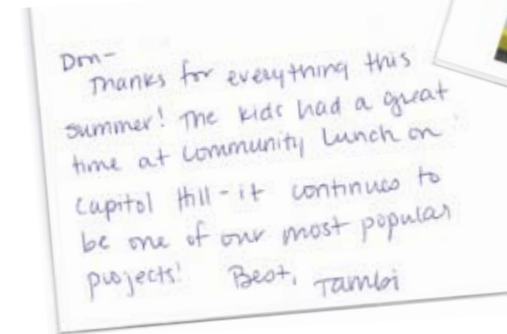
Feeding the Community. Serving the Community. Creating Community.

FALL 2010



From the Director . . .

This has been a remarkable year at Community Lunch, both in the number of hungry people we served and in the amazing number of volunteers who made it possible. This summer we had youth groups from throughout King County, and from six different states! (ND, MT, ID, MN, TX, OR). The group from Minnesota arrived by Amtrak, and the group from Houston (yes, Texas!) found us on the internet and wanted to volunteer. Locally the Mercer Island VOICE Program provided volunteers at every meal this summer, and an area Girl Scout brought her troop for her culminating project.



We have had a great summer picking up produce from the Capitol Hill Farmers Market. It started slowly, but as summer vegetable grew we starting receiving hundreds of pounds of produce. We also have two new partners who have been donating quite a bit of food: the Rainer Valley Cash and Carry and the Capitol Hill Grocery Outlet.

This was the inaugural summer of our internship program, with two Seattle University students doing excellent work (as well as allowing me to go on vacation!). Brittany Polk was a great cook in the kitchen, and Jim Mezzera was an awesome organizer in the dining room. We look forward to continuing this relationship with Seattle U next summer!

We have built a strong relationship with All Pilgrims Church on Broadway as we work together to begin a third weekly meal. They are an enthusiastic congregation, and we have begun a series of monthly suppers on Thursdays that will lead towards weekly meals when we work out all the logistics.

We lost a very good friend this year with the death of Pete Fox. Most of you knew him because he was at every lunch with a great smile and a wonderful sense of humor. Pete was a tireless volunteer who overcame many obstacles in his life but was so caring. We miss him.



Pete Fox

- Don Jensen

Seattle, WA 98122
1710 11th Ave

Community Lunch on Capitol Hill



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We're online!

"Like" us on Facebook to help spread the word about Community Lunch, share photos of your group volunteering at the Lunch, and ask us questions on our wall: <http://www.facebook.com/communitylunch>



Visit our website for the latest CLCH news, event registration, volunteer needs, and more: www.communitylunch.org

Thank You, Dennis and Derek!



For the second year in a row, students led by Dennis Calvin from the Ingraham High School Community Based Training Program (CBT) have returned to the lunch

to aid us in our mission. CBT allows young students with developmental disabilities to take on important volunteer and vocational roles throughout the Seattle area. Most notably at the lunch, student Derek Seven is responsible for setting up all of the chairs in the dining hall. Dennis and Derek work together wonderfully as a team, and we are grateful to have them on board with us for another year!

Celebrating Community Spring Fundraiser a big success!

Thanks to everyone who participated in our spring fundraiser in May. "Celebrating Community" at All Pilgrims Church was a big success, raising over \$14,000.

Thanks again to the **Shed Boys, Vios Cafe, Poco Wine Room, Queso Y Vino** and everyone else who helped out. We would also like to thank all the businesses and individuals who donated so many great auction items.



Board members Jessica Walker and Peri Erickson-Brown with Director Don Jensen



Event volunteer Elrene Lund, former Board member Cindy Jackson, and dedicated supporter Sally Brunsmann



The Shed Boys tear it up with guest Verlon Brown on the harmonica.



A good time was had by all!

Buy a T-shirt or Apron!



They are black with our green logo, and we now have both long and short sleeve shirts available with the Community Lunch logo.

- Apron \$25
- Long sleeved t-shirt \$20
- Short sleeved t-shirt \$15

Your donation will help support Community Lunch!

Meet Octavio and Rhea. The couple has 6 kids, ranging in age from 15 to 4, and they take the bus from West Seattle to have a meal with us. We got to know them this summer and did what we could to help with food resources at home as well. The parents and their youngest shown here continue to eat with us while their other kids are back at school. Rhea says "If we didn't have you guys we don't know what we would do. It has been a lot of help."



Octavio and Rhea with their 4 year old son enjoying the Community Lunch.

GET INVOLVED!



In addition to your financial support, there are many ways to help Community Lunch on Capitol Hill:

- **Volunteer!** We serve every Tuesday and Friday, and will soon be serving a Thursday supper at All Pilgrims Church on Broadway. Come help--no experience necessary!!
- **Organize!** Create a group of volunteers to prepare and serve lunch.
- **Collect!** Going on a trip? Save the hotel toiletries and bring them to the lunch. They are the perfect size for our guests.
- **Donate!** We always need socks, pet food, and paperback books to distribute.
- **Invite us to Speak!** We enjoy talking about what we do. We would be happy to come to your organization to speak about the Community Lunch and homeless issues.